Revelation 6.6

And I heard a voice in the midst of the four living creatures saying, "A quart of wheat for a day’s wage, and three quarts of barley for a day’s wage. And do not harm the oil and the wine."

Wheat and barley can be traded and measures are assigned to them.

Oil and wine have no currency assigned to them.

Both stem from industries, their initial state needs transformation until the final product gets into existence.

Food shortage will make people flee land that is to dry or places flooded or too cold.

Workers were paid with grains. Grains can be cooked and eaten.
But when you hand out oil, you need to be living stationary.

The Romans handed out grains whilst conquering the world. They had pigs with them, too. They had workers timber the woods and everywhere they went, a street was built. But they had no oil mills with them.
Maybe settling should be remembered and not be harmed as a tradition?

Wine needs storage. Maybe the thought of storing food should not be harmed. At a time of famine and mass emigration people rely on what can be consumed right away, rather then waiting for the altering of the food until it would become a source of nourishment.

At the Egyptian pyramids beer was handed out as a payment for the workers. Not just the long run wine/beer encorporates, also the paying of workers might be the meaning.

If a crisis lasts for decades, generations will forget about settling down and also about getting themselves off the labor and employ others to do the work.

This sounds ridiculous from a rich perspective, not being on the run, not being hungry or in stress. Having mayor events like mentioned in the apocalyptic writing happening, we might need a voice telling us where to turn to in order to prosper again.

Could it be the oil in the apocalyptic writing wants us to not forget about how to treat olives to get to olive oil and how to treat crop, nuts and seeds to get to oils?

The grapes are not growing as wine, they need work done. Wine takes time passing.

Could it be short term transformations on harvest, like seen in oil, and long term transformations on harvest like grapes to wine should be remembered and the knowledge not be harmed, cause the duration of the famine will be that long, maybe no one will want to keep up the mills for the oil or the storage rooms for the wine?

Are we reminded what people do in a crisis? They have no time nor energy for altering the harvested foods. They do not derive oil from seeds, nuts and olives nor wine from grapes.

The bible has a "plain" and also widely interpretable language that can make sense throughout huge leaps of time where people develop different ways of lifes and different mindsets and therefore also different languages but will still be able to understand the bible.

The words might be a reminder in many ways: keep record of many-step-industries, trust in better times to come when you will need the factories again, make stacks of food, try to stop nomad lifestyle and settle down, try to prosper by getting paid workers to do your work.

The manual for life aka the holy bible suggests eating foods that come "ready to eat" like honey and dried fruit (grapes dry on the plant) rather than animals (genesis). Later some animals are declared fine to eat, but this was just to explain which animals are totally not healthy like the rabbit or the pig and therefore are to be avoided.
In a crisis people will eat insects as they will eat pigs. Both are common in certain countries. The bible does not say "do not eat insects", it says, "do not eat pigs". During crisis all well behaving crumbles. Maybe the words are meant to remind us, where we came from.

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